



Free and Reduced Medical Clinics in Iowa *Revised 1-28-04 LW*
 Compiled by the Iowa Division of Latino Affairs, Department of Human Rights
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To add clinic locations not shown on this list, (or to correct existing information) please phone or fax Sol Varisco-Santini at the above numbers or e-mail her at sol-varisco@iowa.gov

*Please include: Location of actual clinic (including street address)
 Phone number (including area code)
 Name of contact person
 Organization sponsoring (eg. county, churches, etc.)*

CITIES	CLINIC LOCATIONS	HOURS & PHONE
ALGONA	Algona Clinic First Lutheran Church 226 North Putnam, Algona	2 nd Tuesday & 2 nd Wednesday of each month 9:30-3 1-800-657-5856
ALTOONA	Southeast Polk Children's Clinic Lutheran Church of the Cross\1701 8 th St. SW, Altoona	Thursdays 12 to 5 pm 515-967-7806
ALLISON	Allison Clinic St. James Lutheran Church 421 Main St., Allison	3 rd Thursday of each month 9:30-3 1-800-657-5856
AMES	Mid-Iowa Community Action Ames Free Medical Clinic Youth and Shelter Services 420 Kellogg, Ames	Thursdays 6-8 pm 515-233-3141 (Dental located in DHS building at 126 S. Kellogg by appt. only at 515-956-4595)
AMES	Ames Clinic 2530 Chamberlain, Ames	M9-5,T&W12-8, Th&F9-5, & 2 nd Saturdays of each month 10-2 515-292-1000
ATLANTIC	Atlantic Clinic Cass County Home Health 1500 E. 10 th St., Atlantic	M-F 8-4:30 712-243-8006
ANAMOSA	Anamosa Clinic Community Health of Jones Co. 104 Broadway Place, Anamosa	2 nd Tuesday of each month; call for hours 319-462-6131
BELLE PLAINE	Belle Plaine Clinic Christ Methodist Church Kids' Club entrance 8 th Ave., & 15 th St., Belle Plaine	2 nd Tuesday of each month, 9-3:30 (no phone)
BLOOMFIELD	Bloomfield Clinic Davis County Public Health Nursing 105 South Pine, Bloomfield	1 st Wednesday of each month 1:30-3 1-800-452-3365
BURLINGTON	Burlington Community Health Medical Center of SE Iowa 801 N. 3 rd St., Burlington	8am to 5pm Monday to Friday 319-768-5858
BURLINGTON	Burlington Community Health Dental Center of SE Iowa 320 N. 3 rd St., Burlington	8am to 5pm Monday to Friday 319-752-5540
BURLINGTON	Planned Parenthood Southeast Iowa 620 North 8 th St., Burlington	M&TH 9-6, T&W 9-7, F 7:30-5 319-753-2281
CARROLL	Community Opportunities 603 W. 8 th St., Carroll	M-F, 8-4 1-800-642-6330
CEDAR FALLS	Women's Health of Cedar Falls 1824 West 8 th St., Cedar Falls	M,T,W 8:30-5, TH 8:30-7, F 8:30-12:30 319-266-5491
CEDAR RAPIDS	St. Luke's Family Health Center 855A Ave. NE, Suite 1LL, Cedar Rapids	M-F 8:30-4:30 319-369-7397
CEDAR RAPIDS	Cedar Rapids Free Medical Clinic	5-6:60 pm Thursdays & on first and third

	His Hands Ministry 1043 Third Ave. SE, Cedar Rapids	Tuesdays 319-862-2636
CEDAR RAPIDS	Community Health Free Clinic 943 14 th Ave. SE, Cedar Rapids	Call for recorded message of times open 319-447-4204
CENTERVILLE	Centerville Clinic 111 West Van Buren, Centerville	1 st TH of each month 12-4:30, 2 nd & 3 rd TH of each month 9:30-2 1-800-452-3365
CHARITON	Chariton Clinic Lucas County Public Health Nursing 123 South Grand, Chariton	4 th Thursday of every other month 1-3 1-800-452-3365
CHARLES CITY	Charles City Clinic Congregational Church 502 North Jackson, Charles City	4 th Wednesday & 4 th Thursday of each month 9-3 1-800-657-5856
CLARINDA	Nodaway Valley Free Clinic Clarinda Regional Health Care 17 th & Wells St, Clarinda	Thursdays 7pm to 9pm 712-542-3719
CLARION	Clarion Free Clinic Wright County Medical Center 1316 S. Main, Clarion	Tuesdays 6 pm to 8:30pm 515-532-2811
CLINTON	Women's Health Services 2635 Lincolnway, Clinton	M 8-6, W 8-6:30, T, TH, F 8-5 563-243-1413
COLUMBUS, NEBRASKA	<i>See bottom of this list</i>	
CORYDON	Corydon Clinic Wayne County Public Health 417 SE Stuart, Corydon	4 th Thursday every other month 10-11 1-800-452-3365
COUNCIL BLUFFS	Council Bluffs Center 1804 Second Ave., Council Bluffs	M 8-5, T&TH 9-6, W 1-7, F 9-4:30, S 9-1 712-322-6650
CRESTON	Creston Clinic 907 W. Townline Road, Creston	M9-5, 1 st &3 rd Tuesdays 12-8, 2 nd &4 th Tuesdays 9-5, W12-5,TH closed,F9-5 641-782-8244
DAVENPORT	Hope Dental Clinic 1351 West Central Park, Suite 3200, Davenport	Mondays and Wednesdays 8:30 am to 12pm 563-421-1582
DAVENPORT	Community Health Care Inc. 500 W. River Drive, Davenport	Mondays, Thursdays, Fridays 8am to 5pm, Tuesdays and Wednesdays 8am to 8pm. 563-336-3000
DECORAH	Northeast Iowa Community Action 305 Montgomery, Decorah	M-F 8-4:30 563-382-8436
DECORAH	Decorah Community Free Clinic First Lutheran Church 604 W. Broadway, Decorah	Thursday 6:30pm to 8:30 pm
DENISON	Crawford County Home Health 105 North Main Courthouse Annex, Denison	M-F 8-4:30 712-263-3303
DES MOINES	Corinthian Baptist Church 814 School St., Des Moines	Third Tuesday of each month, 4pm to 6:30pm 515-243-4073
DES MOINES	Broadlawns Family Planning 18 th St. & Hickman Road, Des Moines	M-F 8-4:30 515-282-2340
DES MOINES	Planned Parenthood of Greater Iowa 851 19 th St., Des Moines	M9-5,T12-8,W9-5,Th&F9-5, & 3 rd Saturday of each month 9-1 515-280-7000
DES MOINES	La Clinica de la Esperanza 2679 Maury St, Des Moines	Monday to Friday 8am to 5pm 515-244-6162
DES MOINES	Free Clinics of Iowa Margaret Cramer Free Medical Clinic First Assembly of God Church 2725 Merle Hay Road	Thursdays 6pm to 8pm 515-279-9766
DES MOINES	Jim Ellefson Free Medical Clinic 1607 E. 33 rd St., Des Moines	Monday 9:30 am to 12 noon Tuesday 1:30 to 4:30 pm Thursday 6pm to 9pm 515-266-7622
DES MOINES	Des Moines Health Center 1111 9 th St., Des Moines	(Dental only) 8am to 5pm Monday, Wednesday, Thursday; 8-6pm Tuesdays; 8am sign-in on Fridays 515-244-9136
DES MOINES	Proteus Migrant Health Project 3115 Douglas Ave., Des Moines	Monday to Friday 8am to 5pm 515-271-5303
DES MOINES	Primary Health Care Inc. 2353 SE 14 th St., Des Moines	8-5 Monday to Fridays 515-248-1400
DES MOINES	Primary Health Care Inc. Grandview	Mondays to Fridays 4-8pm 515-263-6035

	1500 Morton, Des Moines	
DES MOINES	Primary Health Care Inc. Outreach 979 Oakridge Drive, Des Moines	Mondays to Thursdays 1pm to 7:15 pm; Fridays 1to 3:15pm 515-248-1500
DES MOINES	Primary Health Care Inc. 3509 E. 29 th St., Des Moines	Monday to Friday 8:15am to 3:45pm 515-248-1600
DES MOINES	Northeast Wellness Clinic Grandview...	Hours & location changing.....
DES MOINES	South Des Moines Clinic 500 Army Post Road Suite 17, Des Moines	M 9-5, TWF 11-5, TH 11-7:30 515-285-6500
DEWITT		
DUBUQUE	Hillcrest Family Services 220 West 7 th St., Dubuque	M&T 8-7, WTHF 8-5 1877-437-8634
DUBUQUE	Visiting Nurse Association Free Adult Dental Clinic 1454 Iowa At., Dubuque	Hours vary. Call at 8am on first Monday of month to set appt. 563-556-6200 Ext. 1920
DUBUQUE	Dubuque Free Medical Clinic 398 Main St., Dubuque	Wednesdays or Thursdays 1-3pm 563-583-1394
ELKADER	Elkader Clinic Clayton County Office Bldg, Elkader	1 st Wednesday of each month 8-4:30 563-382-8436
ESTHERVILLE	The Free Clinic First Christian Church 205 North 7 th St., Estherville	2 nd & 4 th Tuesdays 6:30pm check-in 712-362-3237
FAIRFIELD	Fairfield Clinic 200 N. Briggs, Fairfield	3 rd Wednesday of each month 9-3 1-800-452-3365
FOREST CITY	Forest City Clinic 305 S. Clark St., Forest City	1 st Tuesday of each month 10:30-5 1-800-657-5856
FORT DODGE	Ft. Dodge Clinic 310 Second Ave. S, Fort Dodge	M11-3, T closed, W 9-6, TH 12-7, F 11-5 515-573-8131
FORT DODGE	Ft. Dodge Community Clinic St. Mark's Episcopal Church 1001 First Ave. South, Fort Dodge	First 4 Tuesdays of month at 5pm 515-576-0055
FORT DODGE	Ft. Dodge Community Clinic Calvary Memorial Church of God in Christ 1315 10 th Ave. SW, Fort Dodge	(Dental only) First & third Thursdays at 4:30pm 515-576-0055
FORT DODGE	Fort Dodge Senior High 819 N. 25 th St, Fort Dodge	3 rd Tuesday of each month at 7:30am by appointment 515-574-5457
FORT MADISON	Fort Madison Clinic 4821 Avenue O, Suite 2, Fort Madison	M&W 9-6, T&TH 8-5 319-372-1130
GARNER	Garner Clinic Garner Area Education Center 325 W. 8 th St., Garner	3rd Tuesday of each month 9-3 1-800-657-585
GRINNELL	Grinnell Clinic 717 Fifth Ave, Suite 4, Grinnell	M 12:30-7, T 9-5, W closed, TH & F 9-5 641-236-7787
HAMPTON	Hampton Clinic Franklin Medical Center 1700 Central Ave. East, Hampton	3 rd & 4 th Fridays of the month 9-3 1-800-657-5856
HAMPTON	Namaste Outreach Collaborative- Hampton OB Clinic Public Health Bldg. 1600 Central Ave. East, Hampton	Tuesdays 1:30pm-3:30pm 641-456-5820
HARLAN	Myrtue Hospital Home & Public Health 1213 Garfield Ave., Harlan	M-F 8-4:30 712-755-4308
IOWA CITY	Iowa City Free Medical Clinic Wesley House, lower level 120 N. Dubuque, Iowa City	Tuesdays 9-2pm, Thursdays 9-11:30am, Monday & Thursday evenings by appointment 319-337-4459
IOWA CITY	Iowa City Faily Planning University of Iowa Hospitals 4137 Westlawn Bldg., Iowa City	M 1-4:30, T 12-6, W closed, TH 12-6, F 10-4:30 1-888-884-8946
JEFFERSON	Jefferson Clinic McFarland Clinic 1000 W. Lincolnway	Call for hours 1-800-642-6330
KEOKUK	Keokuk Tri-State Medical Group 400 N. 17 th St., Keokuk	8-5 Monday to Friday, Saturday mornings 8:30 to 11:30 am. 319-524-5734
KEOKUK	Keokuk Clinic 206 ½ North 7 th St. #3, Keokuk	M 8-5, T11-7:30, Wednesday closed, TH & F 8-5 319-524-2759

KEOSAUQUA	Keosauqua Clinic Public Health Nursing 4 th & Broad St., Keosauqua	1 st Monday of each month 9-11 319-293-3434
KNOXVILLE	Knoxville Clinic 110 1 st St., Knoxville	M 9-5:30, F 1-5 641-842-5460
KNOXVILLE	Good Samaritan Free Clinic First United Methodist Activity Center 308 E. Robinson St., Knoxville	2 nd and 4 th Tuesdays 6-7:30 pm No phone
LOGAN	Logan Clinic Harrison Co. Home Health 116 N. 2 nd Ave., Logan	M-F 8-4:30 712-644-2220
MANCHESTER	Manciester Clinic (Hillcrest) United Methodist Church North Wayne & Butler, Manchester	1 st Monday of each month 9-3:30 1-877-437-8634
MAQUOKETA	Women's Health Service 507 Myatt Drive, Maquoketa	M&W 1-5, TH&F call for hours 1-800-664-1413
MARSHALLTOWN	Primary Health Services 412 E. Church St., Marshalltown	Mondays through Fridays 8am to 4:30pm 641-753-4021
MARSHALLTOWN	Women's Health & Education Center 704 May St., Marshalltown	M 9-7, T-F 9-5 641-752-7159
MASON CITY	North Iowa Community Action 300 15h St. NE, Mason City	M-F 7:30-6 (clinic hours vary) 1-800-657-5856
MONTICELLO	Monticello Clinic Community Bldg. 200 East 1 st St., Monticello	1 st Tuesday of each month 9:30-4 319-465-3577
MOUNT PLEASANT	Mount Pleasant Clinic 114 East Monroe #11, Mount Pleasant	M10-7, T& TH 8-5, Wednesday closed 319-385-4132
MOLINE, ILLINOIS	<i>See bottom of this list</i>	
MUSCATINE	Unity Health Systems 1609 Cedar St., Muscatine	MTHF 8-5, TW 8-7, 2 nd Saturday of the month 8:30-1 563-263-0122
MUSCATINE	Muscatine Center for Strategic Action MCSA Free Health Clinic 312 Iowa Ave., Muscatine	Thursdays 10am to 2pm 563-264-3278
NEWTON	Newton Clinic 615 North 2 nd Ave West, Newton	W 12-7, F 1-5 641-792-1012
NEW HAMPTON	New Hampton Clinic Chickasaw Co. Public Health Office 206 E. Prospect St., New Hampton	4 th Wednesday of each month 563-382-8436
OMAHA, NEBRASKA	<i>See bottom of this list</i>	
OELWEIN	Oelwein Clinic Zion Lutheran Church 402 East Charles, Oelwein	2 nd Tuesday of each month 1-5 563-382-8436
ONAWA	Onawa Clinic Burgess Memorial Hospital 1600 Diamond, Onawa	M-F 8-4:30 712-423-1773
OSAGE	Osage Clinic Municipal Utilities Bldg. 720 Chestnut, Osage	1 st Thursday of each month 9-3 1-800-657-5856
OSKALOOSA	Oskaloosa Free Medical Clinic Central United Methodist Church A & Market Avenues, Oskaloosa	Thursdays 7pm to 9pm (must pick up number at 4pm) 641-672-2564
OSKALOOSA	Oskaloosa Clinic 1308 17 th Ave. East, Oskaloosa	First 3 Tuesdays of each month 9:15-3 1-800-452-3365
OTTUMWA	Child Health and WIC Women and Maternal Health 201 S. Market, Ottumwa	Mondays through Thursdays 8 to 4pm 641-682-8784
OTTUMWA	Southern Iowa Family Planning Clinic, Inc. 228 East 2 nd St., Ottumwa	M-TH 8:30-5, F 8:30-4:30 1-800-452-3365
OTTUMWA	River Hills Community Health Center 201 S. Market St., Ottumwa	M TW F 8-5, TH 8-8 641-683-5773
PELLA	Good Samaritan Free Clinic First Reformed Church 603 Broadway, Pella	Thursdays sign-in at 6pm 641-628-3493
PERRY	Dallas County Clinic 1020 26 th St., Perry	Call for hours 1-800-642-6330
PERRY	Good Samaritan Free Clinic II Trinity Evangelical Lutheran Church 2715 Iowa St., Perry	Thursdays 7-9pm (reorganizing in January, will start again) 515-465-3272 (phone is church phonemail, not in clinic)
POLK CITY	St. Luke's Clinic Polk City United Methodist Church	First and third Wednesday 6pm to 8pm 515-984-6274

	1421 W. Broadway, Polk City	
ROCK ISLAND, ILLINOIS	<i>See bottom on this list</i>	
RED OAK	Red Oak Clinic Suite B 950 Senate Ave., Red Oak	M&T 9-5, W 12-5, (check times)
SIGOURNEY	Sigourney Clinic Keokuk County Health Center 1312 South Stewart St., Sigourney	2 nd Wednesday of each month 9:30-11 1-800-452-3365
SIOUX CITY	Sioux City Gospel Mission 301 W. 8 th St., Sioux City	Thursdays 12-1pm, Fridays 11-2pm 712-255-1769
SIOUX CITY	Women's & Children's Shelter 415 Bluff St., Sioux City	Fridays 8:30 to 10:30 am 712-255-1119 (also dental)
SIOUX CITY	Siouxland Community Health Center 1021 Nebraska St., Sioux City	Monday, Tuesday, Wednesday 8am to 8pm; Thursday & Friday 8-5
SIOUX CITY	Sioux City Clinic 4409 Stone Ave., Sioux Cit	M & F 11-5, T 9-3, W & Th 11-8 1-800-765-1486
SPENCER	Spencer Clinic Gateway North Mall 1900 Grand North, Spencer	M 9-7, Tuesday closed, W, check hrs.
TIFFIN	Clear Creek/Amana Health Clinic Grace United Methodist Church 300 Marengo Road	1 st & 3 rd Thursday of each month 2-5 319-335-8541
TOLEDO	Toledo Clinic 507 S. County Road, Toledo	W 9-5 641-484-2471
URBANDALE	West Des Moines Clinic 10534 New York Ave., Urbandale	M10-6, T 11-5, W 9-5, TH 12-7, F 11-5 515-276-8005
VINTON	Vinton Clinic Wesley United Methodist Church 516 2 nd Ave., Vinton	2 nd Wednesday of each month 8:45-3:45 319-369-7397
WAPELLO	Wapello Clinic 406 Mechanic, Wapello	Wednesdays 9-4:30 319-527-4211
WASHINGTON	Washington Clinic 225 West Main St., Washington	T 9:30-6:30, W&F 8-5 319-653-3525
WATERLOO	Jubilee Community Free Health Clinic The Bishop House Jubilee United Methodist Church 610 Allen St., Waterloo	Saturdays 9am to 11:30 am 319-236-0199
WATERLOO	People's Community Health Clinic Inc. 905 Franklin St., Waterloo	Monday, Tuesday, Friday 8am to 5pm; Wednesday & Thursday 8am to 8pm 319-272-4400
WATERLOO	Women's Health of Waterloo 233 Vold Drive, Waterloo	M,T,W,F 8-4:30, TH 8-7 319-235-5090
WAPELLO	Community Health Center University of Iowa Family Care 218 N. Second St., Wapello	8am to 5pm Monday to Friday 319-523-8205
WEST DES MOINES	(See Urbandale for WDM Clinic)	
OUT-OF-STATE:	OUT-OF-STATE:	OUT-OF-STATE:
Moline, Illinois	<i>Community Health Care 1803 Seventh St., Moline, Illinois</i>	<i>M-F 8 to 5; every other Wednesday 8 to 8</i>
Rock Island, Illinois	<i>Community Health Care 2750 11th St., Rock Island, Illinois</i>	<i>M-F 8 to 5 563-327-2100</i>
Columbus, Nebraska	<i>Good Neighbor Community Health Center 2282 East 32nd Ave., Columbus, Nebraska</i>	<i>Monday to Friday 8-4:30 402-563-9224</i>
Omaha, Nebraska	<i>Charles Drew Health Center 2915 Grant St., Omaha, Nebraska</i>	<i>Dental M: 8-5, T:9-6, W:8-12, Th & F:8-5 Medical M,T,W,F:9-6, Thursdays 10-7 402-453-1433</i>
Omaha, Nebraska	<i>OneWorld Community Health Center 5155 South 36th St., Omaha, Nebraska</i>	<i>Monday to Thursday 8-5, Friday 9-5</i>
Omaha, Nebraska	<i>OneWorld Community Health Center Liberty School 2010 Leavenworth</i>	<i>Mondays & Wednesdays 4-8pm 402-898-1697</i>
Omaha, Nebraska	<i>Dodge Center 4610 Dodge St., Omaha</i>	<i>MTTH 9-6, W 1-7, F 9-4:30, S 9-1 402-554-1040</i>
Omaha, Nebraska	<i>Southwest Center 5310 S. 139th Plaza, Omaha</i>	<i>M 9-6:30, T 8-5:30, W 1-7, TH 9-6:30, F 9-4:30, S 9-1 402-894-9006</i>
Omaha, Nebraska	<i>Northwest McGoogan Center 3341 N. 107th St., Omaha</i>	<i>MTTH 9-6, W 1-7, F 9-4, S 9-1 402-496-0088</i>
Omaha, Nebraska	<i>Ames Center 5404 Ames Ave., Omaha</i>	<i>MTH 9-6, Tuesdays closed, W 1-7, F 9-4:30, one Saturday each month 9-1</i>

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